

Healthy, Hopeful, **Vibrant** Rural Communities

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Blandin Foundation™
STRENGTHENING RURAL MINNESOTA

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Vibrant. Rural. Community.

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- Grants
- Convening and public policy
- Community leadership training



- 1) Adult partners for youth at recreation Centers
- 2) Adults involved with sports + activities.
- 3) Joyful engagement with schools.
- 4) Alumni monthly gatherings invite youth. (Get to know alumni)
- 5) Embed the cultural identity in every gathering formal or informal. (pipocology)
- 6) Sense of belonging + ownership (Community cleanup)
- 7) Bring a student to work

What Reinforces?

- Role models leaders living as role models
- Letting them be individual
- Involvement & praise
- Job - changing duty
- Presentation / recognition program

Important facts

- Dreams, goals, future.

What restrains



Important facts

- generate the link to them
- identify the individual
- having boundaries
- having identity
- having goals
- having a plan
- having a mission

Important facts

- responsibility
- opportunity to learn
- communication
- leadership
- teamwork
- problem solving
- time management
- organization
- planning
- decision making
- conflict resolution
- stress management
- self-motivation
- self-direction
- self-control
- self-discipline
- self-respect
- self-esteem
- self-confidence
- self-assertiveness
- self-reliance
- self-sufficiency
- self-actualization

Lesson #1:

The healthier the community,
the more its residents are able
to solve problems and create
new trajectories.




8 Dimensions of a Healthy Community
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Lesson #2:

Change can happen
from **anywhere.**

Lesson #3:

Leadership is an
unlimited resource.

A group of approximately 15 people are seated around several dark wooden tables in a room with stone walls. A woman with long blonde hair, wearing a dark brown suit, stands in the center-right of the frame, facing the group. The participants are dressed in a mix of casual and business-casual attire. Some are looking towards the speaker, while others are looking down at papers or water bottles on the tables. In the top left corner, a portion of a red and white striped flag is visible.

41% never invited to play a leadership role

43% local leadership does not reflect different backgrounds

Bigfork Valley Hospital







Lesson #4:

Sustainable community
action is anchored in
the quality and diversity of
its connections.





Street scene, Pequot Lakes

Lesson #5:

In order for a
community to change,
it has to have hope.

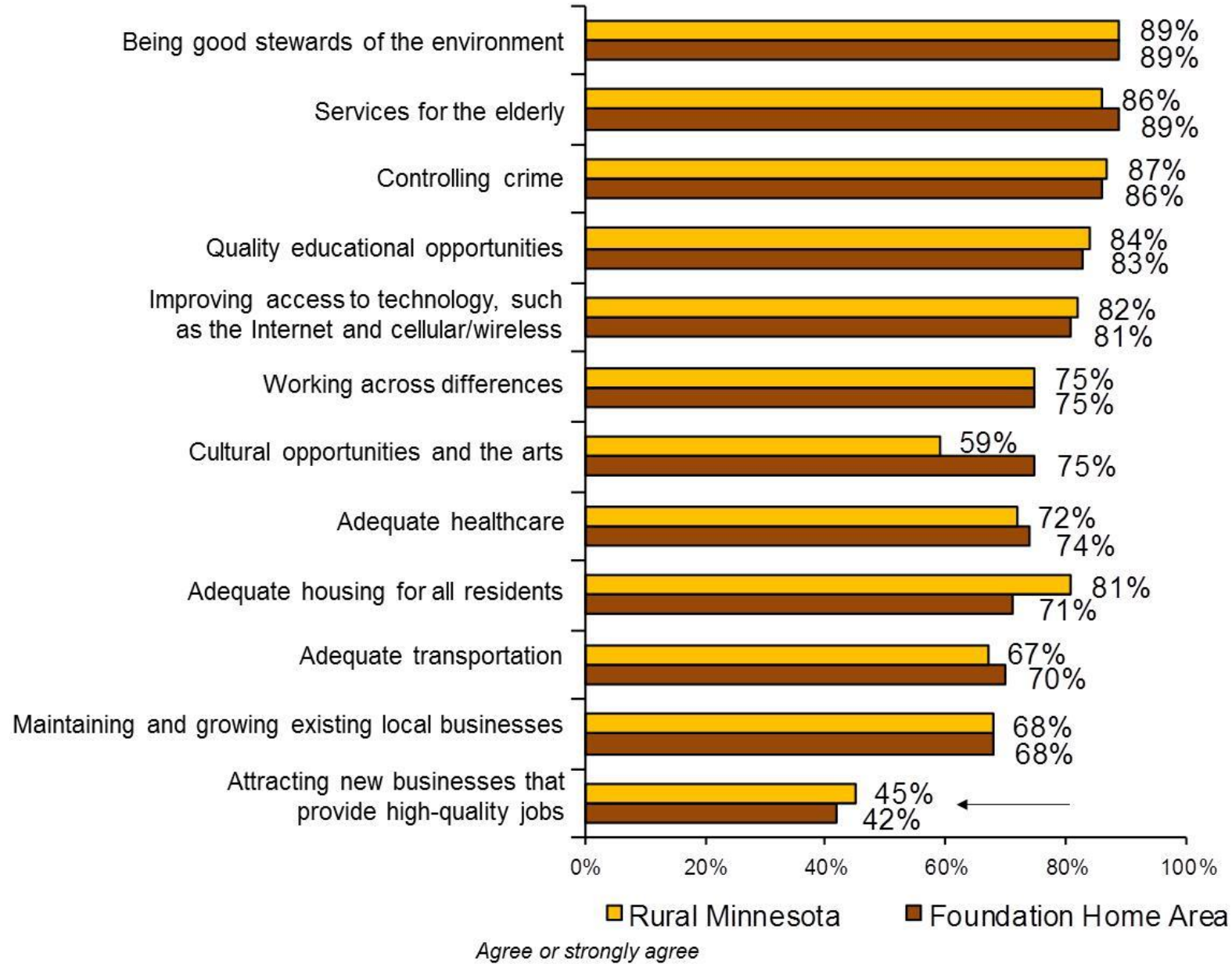




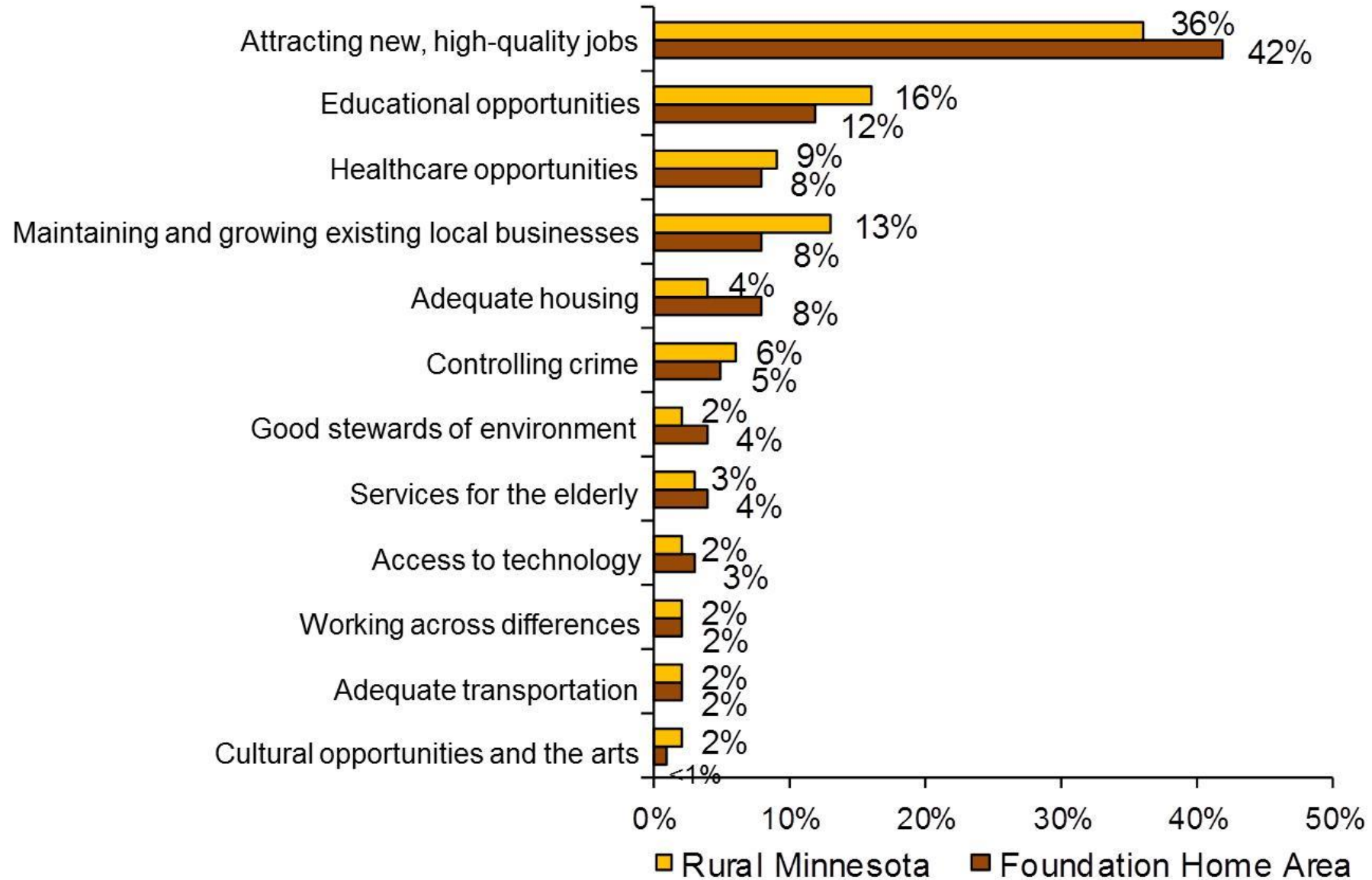
1. It takes a healthy community to move forward.
2. Change can happen from anywhere.
3. Leadership is an unlimited resource
4. Quality and diverse connections sustain progress.
5. Hope leads to change.

The hope business.

Community Performance



Most Critical Issue



The hope business.



The hope business.

A scenic landscape at sunset. The sun is low on the horizon, creating a bright lens flare and casting a warm, golden light over the scene. In the foreground, large, flat, grey rocks are scattered across the ground, some covered with patches of green moss. The background is a dense forest of green trees, with the sun's light filtering through the leaves. The overall atmosphere is peaceful and serene.

You are the leaders we have
been waiting for.