

Healthy, Hopeful, **Vibrant** Rural Communities

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Blandin Foundation™
STRENGTHENING RURAL MINNESOTA



Courtesy USFWSMidwest



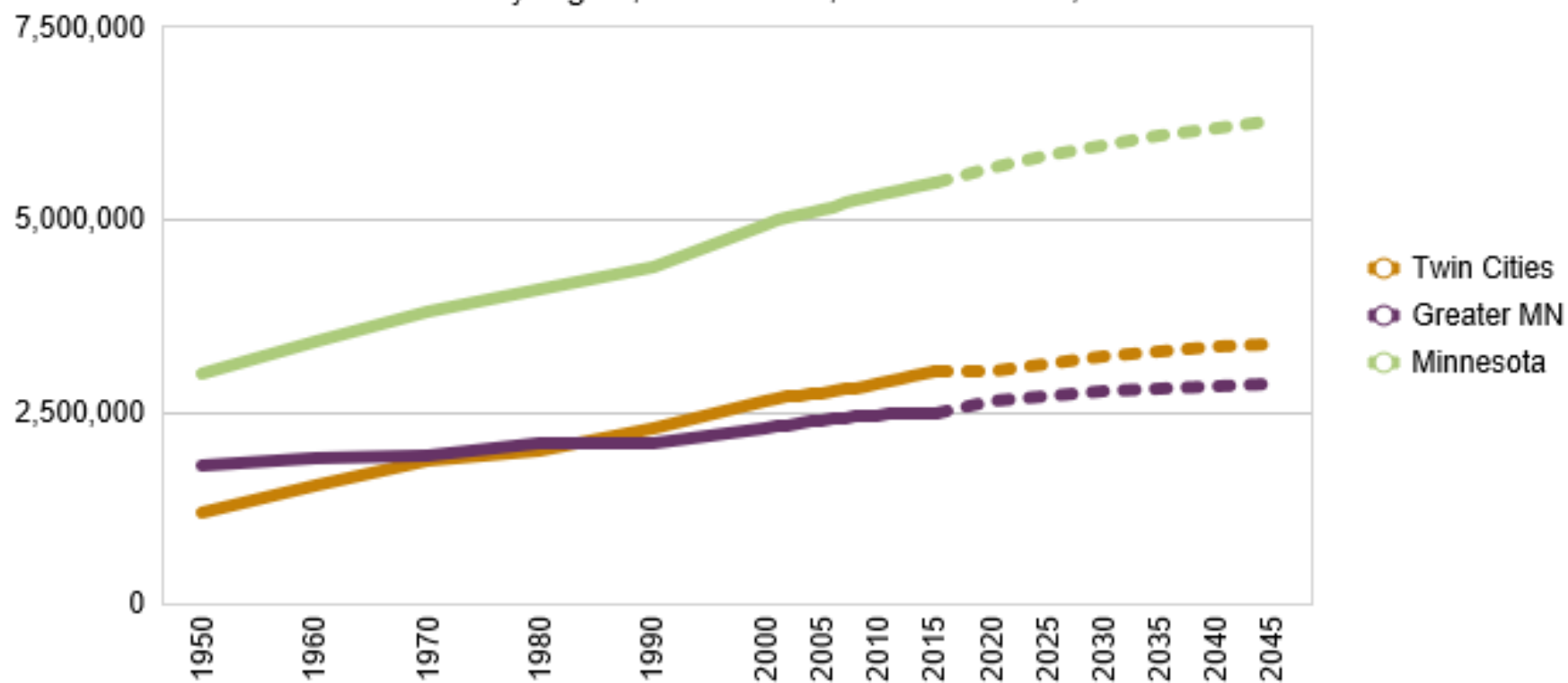




- 1) Adult partners for youth at recreation Centers
- 2) Adults involved with sports + activities.
- 3) Joyful engagement with schools.
- 4) Alumni monthly gatherings invite youth. (Get to know alumni)
- 5) Embed the cultural identity in every gathering formal or informal. (pipocology)
- 6) Sense of belonging + ownership (Community cleanup)
- 7) Bring a student to work.

Total population and change forecast

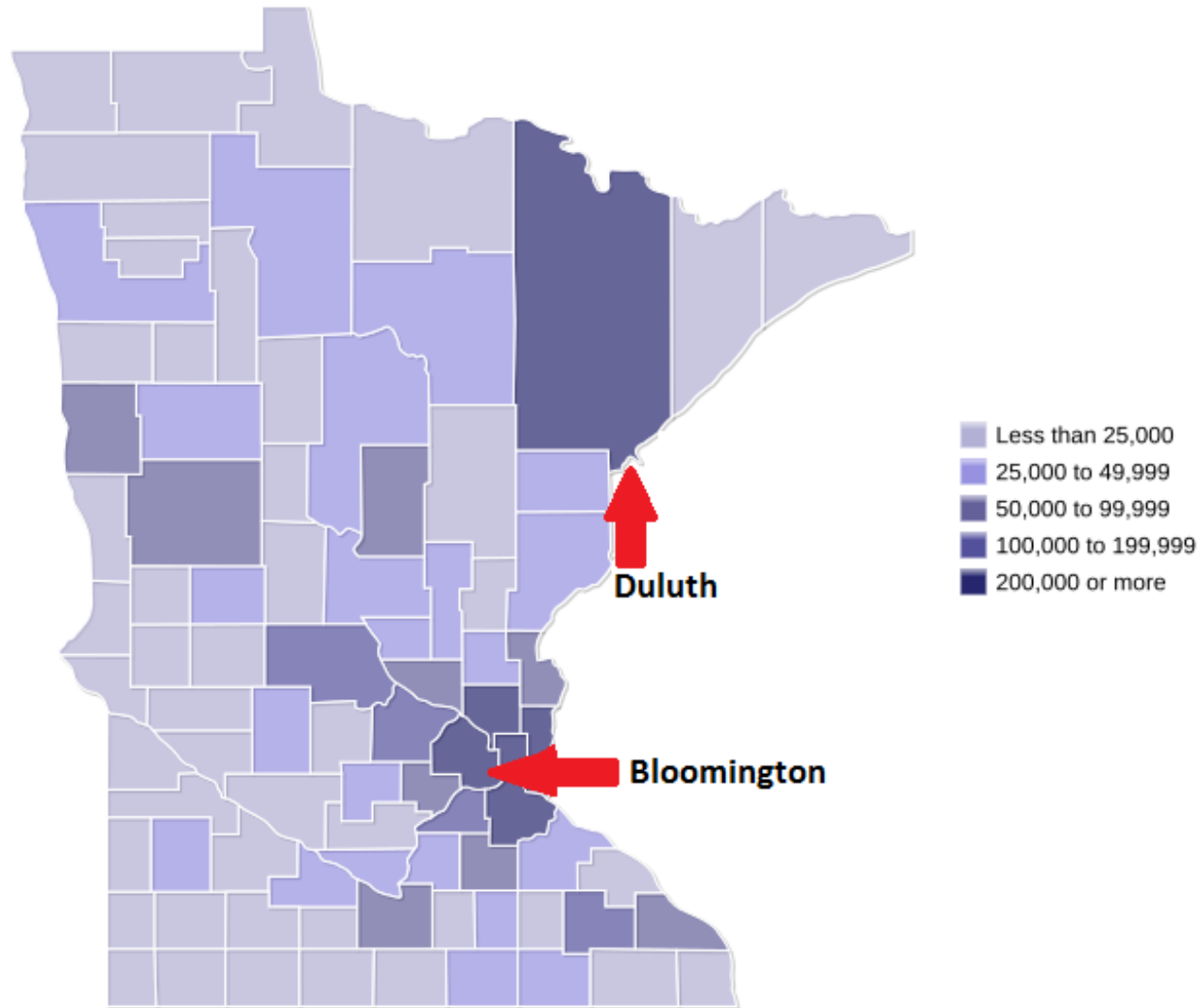
Twin Cities 7-county region, Greater MN, and Minnesota, 1950-2045



Compiled by
Compass

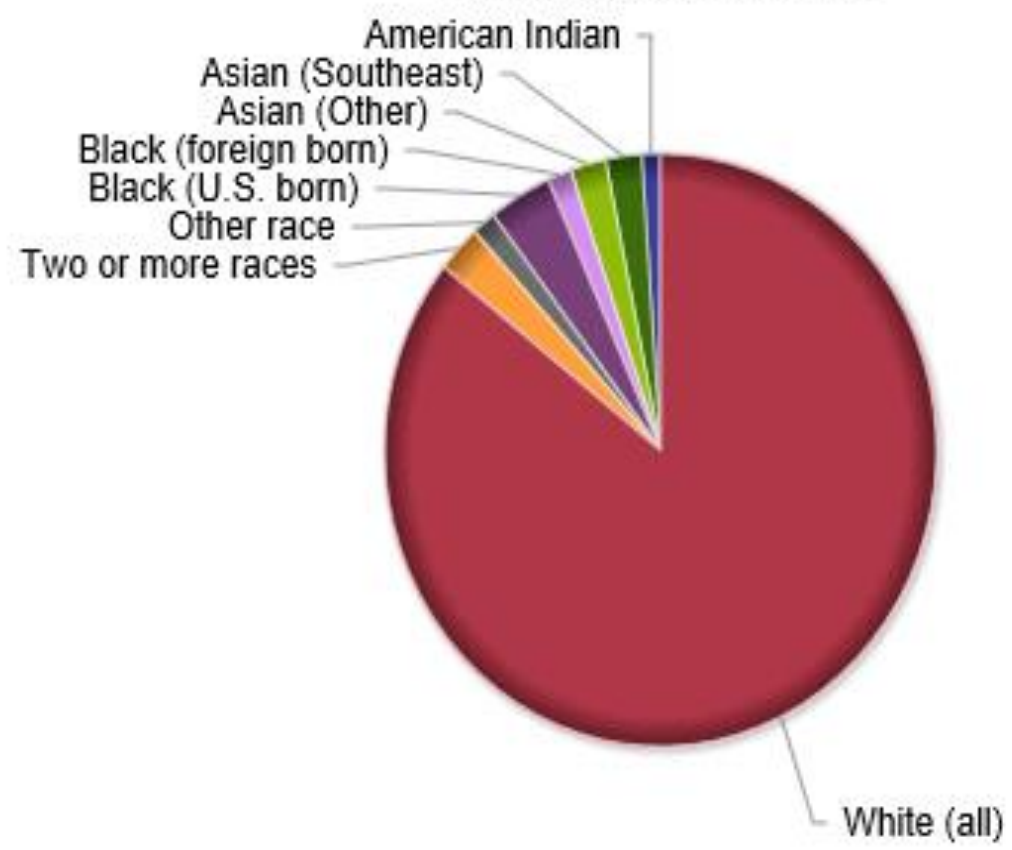
Total population

By county, 2015



Total population by racial group

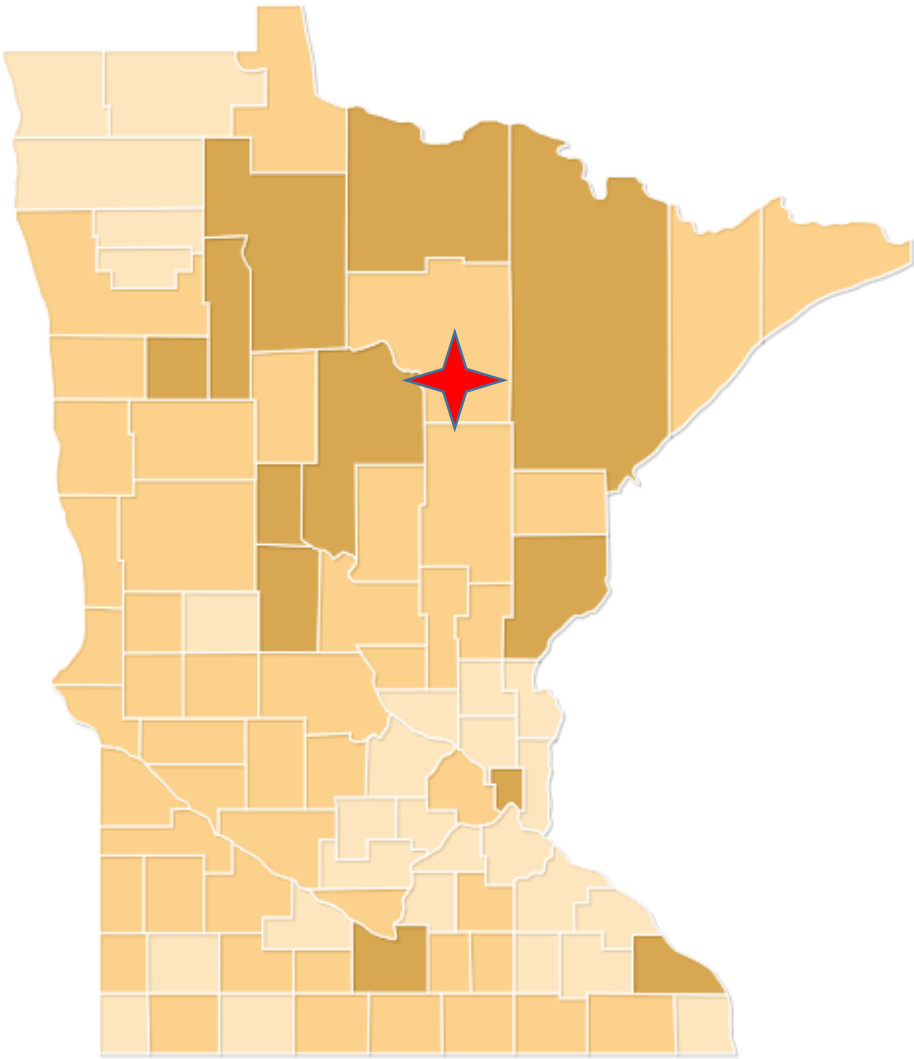
Minnesota, 2010-2012





Individuals below the poverty level

By county, 2014



- Less than 10.0%
- 10.0 to 14.9%
- 15.0% or higher





BIGFORK



Lesson #1:

The healthier the community, the more its residents are able to solve problems and create new trajectories.

The 9 dimensions of a healthy community



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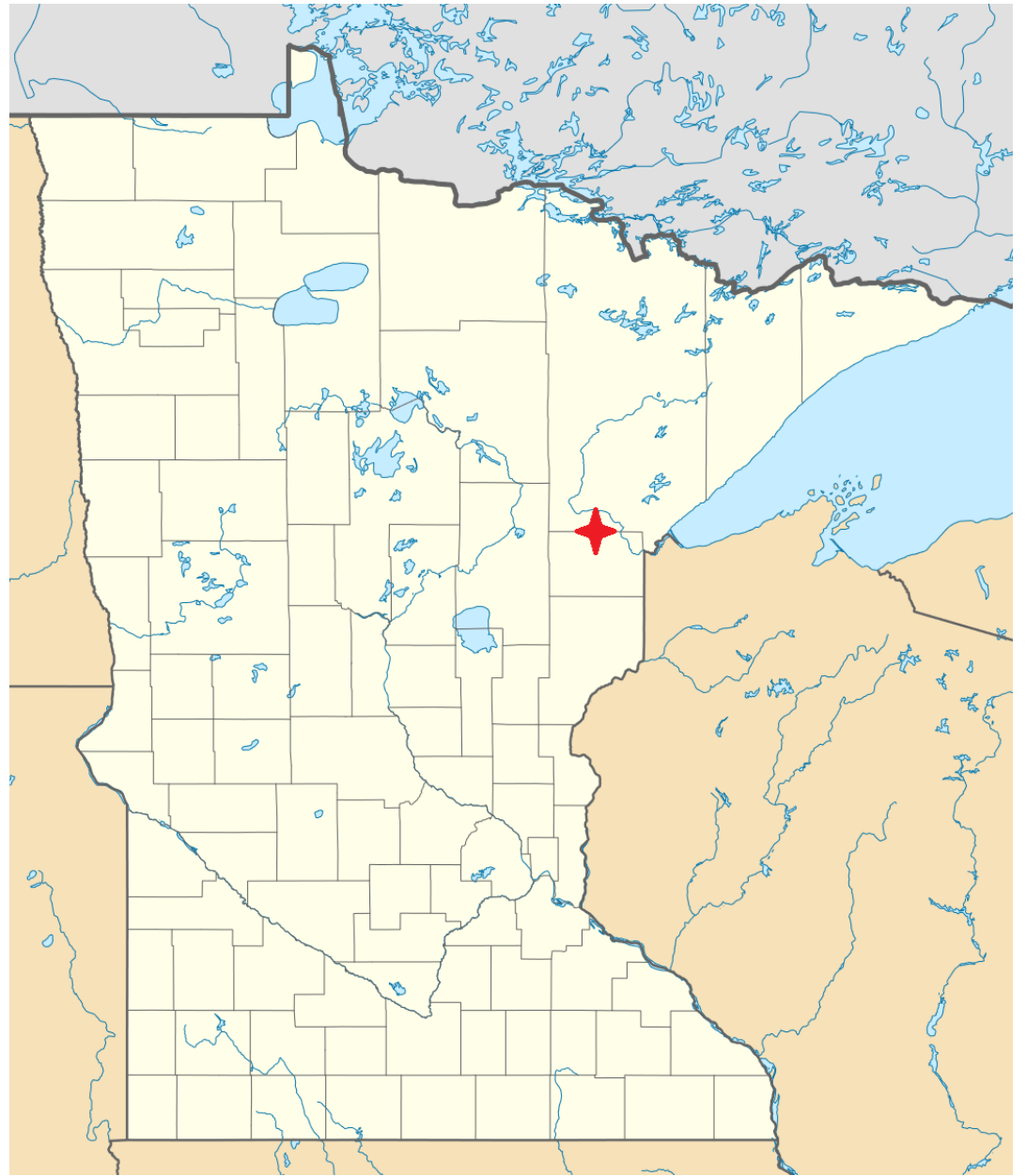
The 9 dimensions of a healthy community



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Lesson #2:
Change can happen
from **anywhere.**



Lesson #3:
Leadership is an
unlimited resource.



26% never invited to play a leadership role

Only **41%** have recently served in a community leadership role





Lesson #4:

Sustainable community
action is anchored in
**the quality and diversity
of its connections.**

43% say local leadership DOES NOT reflect people of differing backgrounds



Lesson #5:

In order for a
community to
change, **it has to
have hope.**





Lessons learned

1. It takes a healthy community to move forward.
2. Change can happen from anywhere.
3. Leadership is an unlimited resource
4. Quality and diverse connections sustain progress.
5. Hope leads to change.

A scenic landscape at sunset. The sun is low on the horizon, creating a bright lens flare and casting a warm, golden glow over the scene. In the foreground, large, flat, grey rocks are scattered across the ground, some covered with patches of green moss. The background is a dense forest of green trees, with the sun's light filtering through the canopy. The overall atmosphere is peaceful and natural.

You are the leaders we have
been waiting for.

FINNISH MODEL



BCLP MUMS



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